

Afi Pittman

Author of My Faith®



Afi's

Prayer Guide For
Single Christian Women

Prayer Guide for Single Christian Women

By Afi Pittman

*Author of My Faith:
Encouragement for
Today's Christian
Woman*

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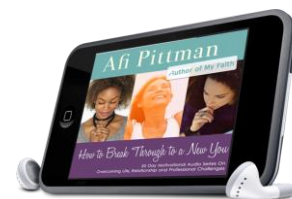
WHY YOU NEED TO PRAY

When it comes to your faith, prayer is vital. It's a woman's faith that pleases God and I've come to learn that you can't have true, personalized faith in someone you don't have a personal relationship with, and you can't have a relationship without communication. Prayer is basically your communication with God. And it's two ways. He can talk to you – if you listen.

But when it comes to your actual everyday life prayer is a game changer. It changes you and it changes your life. Sometimes we start out in prayer thinking that we're supposed to utilize it to change our situations or our circumstances. In fact, sometimes we pray about a person because we desperately want God to change them. But let me tell you...prayer changes YOU. And when you pray to God concerning your desire for marriage and family, that's a good thing. Sometimes you need to change in order to receive what it is you desperately want, but you can't see that you need to change. Or, sometimes you need your eyes opened to the reality of your circumstances because you can't see them clearly. Prayer will do that and more.

So use this guide to help you cover specific things concerning your desire for marriage and family. And don't stop there. As you grow in your prayer life, you will naturally start to bring your concerns to God. And He will open your eyes to see yourself and your situation in a new light.

So here are some specific things you can pray for, and they're straight from my playbook.





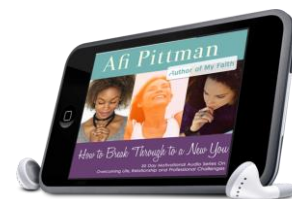
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PRAY FOR YOUR HEALING

I advocate healing because I've seen story after story where single Christian women make choices out of unhealed wounds. They pick men who are exactly like the ones who abused them growing up. They allow themselves to be mistreated in relationships with men. They lie to themselves and say that it's okay to continue to waste time with men who don't want marriage – when they know deep down they want to get married and have children. This is most likely because they haven't healed from relationship wounds.

I put this first because if this is you, you have to stop dating (even if it's just for a month), get still and take the time to heal. I go over this in the [Date and Marry God's Way e-course](#). So if you want additional guidance on how to heal you can get those steps there as well. Whether you've suffered any type of abuse growing up, you were raped, or you just made poor choices in your adult life when it comes to men, you need to heal if you want to find real love that leads to commitment and marriage.

Don't skip this. I know sometimes we just want to get to the goal. We want to just get married and have children already! Heck, we wanted to do it five years ago. But when your singleness is prolonged because of unhealed wounds, the wisest thing you can do is to take a break from dating and heal. Trust me. Once you come out on the other side of healing, you'll thank me!





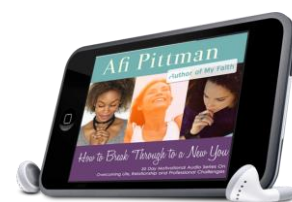
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PRAY FOR A CHANGE IN YOUR ATTITUDES, BELIEFS AND BEHAVIORS

This goes hand in hand with your prayer for healing. If you are single past the age you thought you would be, you might want to check your attitudes, beliefs and behaviors (to include your habits). If you believe all men hurt you, deceive you or dog you out, guess what? Your attitude will reflect that. And your behavior will also follow suit. You'll wind up sabotaging yourself when a good guy comes along, allowing yourself to be mistreated by the wrong man, or avoiding men altogether.

So pray for God to reveal any unhealthy attitudes, beliefs and behaviors in your life. Not just when it comes to men, but in all areas of your life. Maybe you need an attitude makeover when it comes to your health, finances or relationships in general. Sometimes – just like in acting out of unhealed wounds – we live out outcomes we don't truly want because of what we believe. So once God reveals to you any unhealthy attitudes, beliefs and behaviors you have, take action and do the work to change them.

Here's a little secret when it comes to this. You can't really just rid yourself of the old ones. You've got to replace them with ones that are supported by the Word of God. So ask God to show you in His Word what the truth is concerning the areas of change needed that He's revealed to you.





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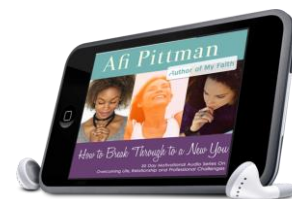
PRAY FOR GOD TO BREAK GENERATIONAL CURSES FOR YOU REGARDING MARRIAGE

If you come from a family where you have a lot of single parents or multiple track records of divorce, and you yourself have a history of bad relationships you might need to consider asking God to reveal any generational curses that might be running in your own family.

Exodus 20: 4 – 6 tells us ““You shall not make for yourself an idol, or any likeness of what is in heaven above or on the earth beneath or in the water under the earth. “You shall not worship them or serve them; for I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me, but showing lovingkindness to thousands, to those who love Me and keep My commandments”. Although you may be experiencing unwanted outcomes because of the choices of previous generations in your family, you can have different outcomes by the grace of God. It says right in His word that He shows lovingkindness to those who love Him and keep His commandments.

If there’s one thing I know to be true about God from personal experience with Him, He will honor your desire and attempts to live according to His Word – even when you mess up and make mistakes. Remember that it’s a woman’s faith that pleases God, so if you have faith that He can and will change you and – even better – you act in faith by doing the best you can with what you know, He will be pleased. If you desire something different from what your parents or anyone else in your family has and you’re willing to partner with God to get it, He will honor that.

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PRAY FOR YOUR FUTURE HUSBAND

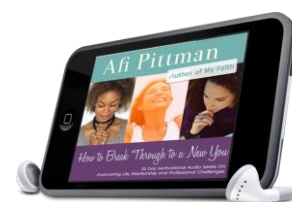
This was a game changer for me. Once I started praying for my future husband, it brought to light some areas I still needed to work on, like: my faith, my own level of readiness for what I was asking for, and foresight. It made me realize that if I was praying for MY husband (and not just some guy) that I needed to start carrying myself like his wife. I also started to see clearly the areas that I needed to work on within myself to be a good wife. Once you start praying for your husband, you should start to identify areas that you still need to work on within yourself as well.

Not only that, but prayer changes things. Not simply because we pray and ask God to give us what we're asking for. But it changes the course of our lives because we're inviting God in to the very area we're bringing to Him in prayer. Remember, it's a woman's faith that pleases God. Not only are you showing tremendous faith by praying for your husband, you are also putting action to your faith when you work on the areas for improvement in YOU that God reveals to you in your time of prayer.

The only thing better than praying for your husband is to enlist the help from your community or even just a small team of people who can and will pray for you consistently in this area.

More About: [Prayers for Your Future Husband](#)

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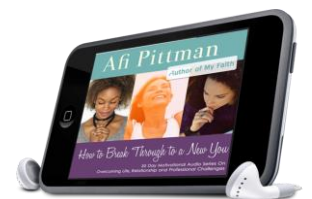
PRAY FOR GOD TO SEND YOU MENTORS

When it comes to romantic relationships, you can definitely save yourself wasted time, grief and baggage if you find the right mentors.

I can only think of a few things more frustrating when you're single than listening to people who don't understand you and who don't fully understand your frustrations as a single person who wants to get married. Actually, one thing that is more frustrating is to be worse off than you were because you actually listened to and followed their advice!

When it comes to romantic relationships, you do not want to listen to or model yourself after people who are not where you want to be. Women who are still single or divorced can offer some words of wisdom as long as they have learned from their mistakes. The catch is that if you're allowing single or divorced women to speak into your life in this area, they have to be someone who will take the time to understand you and your situation. They have to be someone who can provide encouragement and sound, biblical advice even if they aren't where you want to be.

If you desire marriage and family, the best mentors to seek out would be married, Christian women who are willing to be transparent with you about how they dated in ways that lead to marriage, and who are willing to provide ongoing guidance as it pertains to married life.





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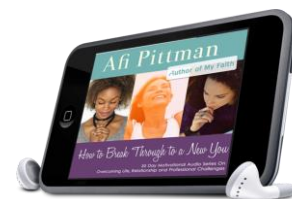
PRAY FOR OPPORTUNITIES TO MEET NEW PEOPLE

I've noticed that life can get pretty stale and stagnant when you don't meet new people. I believe that some people are meant to serve certain roles for varying lengths of time. So, not everyone you meet will stay in your life a long time. In fact, most people will not stay a long time. And there's nothing wrong with meeting new people even if they're only meant to stay in your life for a short season. So pray that God reveals opportunities for you to meet new people.

And pray that He allows you to see what you need to learn or do when you meet new people. You may have something to teach them. They may have something you need to learn. Either way, enjoy, teach, and learn from the people you meet.

Join the Let's Talk Community: Gain access to our private Facebook page, where we discuss topics such as "What did the women in your family teach you about life", "What to do when the people you trusted and loved fail and betray you", and "Is it alright for single Christian women to date non-believers".

Our community features activities designed specifically for group members to foster conversation and share strategies on how to overcome life, relationship and professional challenges. [Click here to join the LTC.](#)



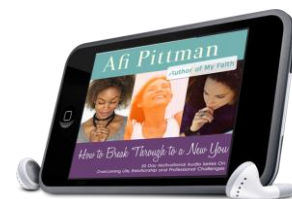


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PRAY FOR OPENNESS TO MATCHMAKING

What better way to meet someone – especially once you’ve hit your 30s – than to be matched to a great guy by someone who knows you both well and has your best interests at heart. You may have some really great friends who would love to match you but they know you’re not open to it. I always think of the movie *Something New* when it comes to this. The main character, Kenya, was set up on a blind date with a really great guy by her coworker. After some resistance, she caved in and went, but once she met the man on the date and saw that he was not the same race as she was she shut him down. But long story short, they wound up getting married. Because she was open to the blind date, but ultimately she slowly but surely opened her heart to him – and he turned out to be a perfect match for her.

I also think about the story of Isaac and Rebekah in the Bible. Abraham sent his servant to his homeland to find a wife for his son Isaac. He gave him a list of qualities, the servant prayed and asked God to send him a sign, and Rebekah showed up bearing that sign. Rebekah wound up travelling with the servant to meet and marry Isaac. Now, I’m not telling you to agree to marry a man sight unseen. But I am telling you to be open to opportunities to meet men through people who know you well.





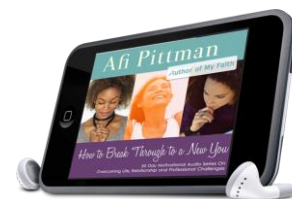
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PRAY FOR GOD TO SHOW YOU... YOU

It's very easy to fall into the belief that your life will be perfect once the right person arrives. But that suggests that you have it all together and the truth is that you aren't perfect. It also suggests that you think you and your life just aren't good enough without someone in it. If you are frustrated in your singleness, ask God to show you areas that you can continue to work on. You may not have anything major that you need to focus on. But we each have areas that we can improve.

The intent behind this particular prayer is to develop a teachable spirit. Many times we become defensive when someone provides constructive criticism. I believe sometimes this comes from being constantly put down or nitpicked no matter what we do right. But in order to grow and live up to our full potential, we have to know when someone is giving us constructive criticism and accept it.

So pray for God to show you yourself. He can reveal things directly to you. He can also use others to serve as a mirror and tell you – in the spirit of love – what you are doing wrong or what you can do better.





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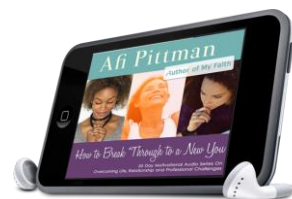
PRAY FOR GOD

TO ALLOW YOU TO SEE YOURSELF
AND OTHERS THROUGH HIS EYES

This is similar to discernment, but let me elaborate. Seeing people and yourself through God's eyes allows you to see people through a biblical lens. For instance, have you ever noticed that God never calls us to trust people? Only to love them? Obviously some people are trustworthy or more trustworthy than others, while some are completely untrustworthy. But even Jesus didn't trust people (John 2:24). Yet he loved them. He saw people for what they were and loved them anyways. It was his mission here on earth.

So pray that, like Jesus, God allows you to see others for who and what they really are and gives you the strength to love anyways. Pray and ask God to allow you to see yourself for who and what you really are and accept His love anyways.

Let's talk more about our relationships with people: [Family, Dating, and Relationships](#)





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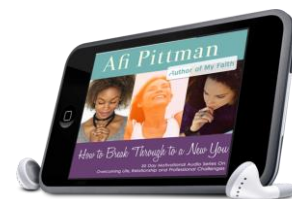
PRAY FOR GOD TO

REVEAL THE TRUE MEANING OF
MARRIAGE TO YOU

According to God's Word, God designed marriage as a lifelong relationship where faithfulness thrives so that family life comes out of that. "Didn't the LORD make you one with your wife? In body and spirit you are his. And what does he want? Godly children from your union. So guard your heart; remain loyal to the wife of your youth." (Malachi 2:15, NLT)

God created marriage with a mission in mind. According to this passage, He wants the continuation of godly generations from your union. In going back to Adam and Eve's story, He wants you to be fruitful and multiply and have dominion in the earth. The purpose of marriage in God's eyes is for you to accomplish His mission here on the earth. A mission that He chose to achieve completion through the union of the male and female expressions of His image.

If you desire marriage for other reasons – loneliness, fear of dying alone, a way out, financial stability – now is the time to also ask God to help you deal with those faulty reasons. It's also an opportunity to ask God to prepare you for the responsibility and purposes of marriage according to His plan and will.





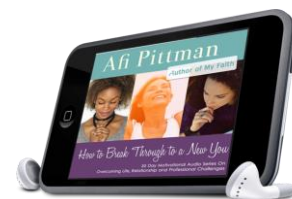
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PRAY FOR DISCERNMENT

This is important. Because without it, you're left to make decisions in your own strength and while this can work out for you, it can also be detrimental if you judge wrong. As a single Christian woman, you have the advantage of being able to ask God (by reason of your personal relationship with Him) for His discernment. While He may not endow you with the spiritual gift of discernment, there's absolutely no reason why He wouldn't grant your request for discernment – especially in the area of dating for marriage.

The most powerful decision you can make as a dating single Christian woman is who to let stay and who to let go. Doing this in your own strength will eventually wear you out. And this is an area you can't afford to continue making mistakes in because continually letting the wrong man in will leave you with unnecessary baggage or could lead to your ruin.

Not everyone who comes in your life is meant to stay a long time. But some are meant to stay a while. You won't really be able to make the best determination of this unless you learn to tap into the discernment that God provides. So pray and ask God to give you His measure of discernment so you can know who's who and how to appropriately respond to them.





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PRAY FOR AN OPEN MIND & FLEXIBILITY

What if a really great match for a husband for you is a man of a different race? What if he's not as spiritually strong or mature as you are? What if he's a few inches shorter than you? What if he has a personality that's the exact opposite of what you'd prefer?

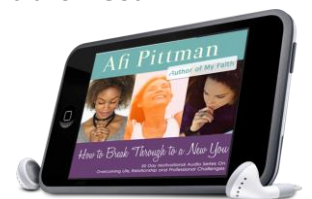
When it comes to dating for marriage as a Christian woman, you have to be crystal clear on what God's standards are, and what your preferences are so that you can clearly see when a man is a potentially great match. And when he's not. I know God doesn't mind that we have preferences. He knows what we like. But what we like doesn't always translate into a match that leads to marriage.

And here's one thing I do want to mention here. Single Christian women are often taught that they need a man who is at a certain level spiritually before they begin dating. The problem with that is a lot of men have walked away from or fallen away from the Christian faith but are still believers who would probably make really great husbands. But you have to know how to interact with them in a way that draws them closer to the faith – not where they are pulling you away from it.

In my [Date and Marry God's Way ecourse](#), I share the testimony of my friends Dion and Lannie Bass. They dated, courted and then married – God's way. And when they met, Dion wasn't strong in his faith or attending church, but Lannie was. Today, Dion is a strong spiritual leader of their home because of Lannie's example of faith while they courted.

I'm not saying that this will be your story. But I am telling you to keep an open mind and allow God to show you out of the men you meet, which one will be a great match for you.

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Have the Life and Love you Desire



Resources with Afi's signature process for overcoming life, relationship and professional challenges

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WHAT'S NEXT & HOW AFI CAN HELP

Need some guidance on what to do when you're faced with life's challenges?

Check out THE Christian Woman's Survival Guide to Life's Challenges. It has a list of resources you can use and recommendations for strategies you can use to overcome your life's challenges.

www.authorofmyfaith.com/store | www.e-junkie.com/authoroffaith

Want to date, court and marry God's way?

The Date and Marry God's Way ecourse is just for you! Based off the testimony of my friends, Dion and Lannie Bass who dated and courted God's way, I show you how to do just that!

www.authorofmyfaith.com/date-marriage

Let's Talk Community or Let's Talk 1-On-1

Join our community for today's Christian Woman. And If you need to just talk to someone about dating, relationships and your current life challenges, I offer 1-on-1 Mentorship sessions.

<http://www.authorofmyfaith.com/join>

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